

DIVINE VISIT OF  
**BHAGAWAN SRI SATHYA SAI BABA**  
IN SUBTLE FORM



**ARGENTINA, 14TH TO 19TH OCTOBER, 2016**

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*DIVINE DISCOURSES OF BHAGAWAN SRI SATHYA SAI BABA  
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# INTRODUCTION

Bhagawan Sri Sathya Sai Baba, in His Subtle Form, blessed Argentina with His Divine Visit between 14th and 19th October, 2016, accompanied by His entourage of six persons: Sri B. N. Narasimha Murthy, Sri C. Sreenivas, Mr. Isaac Tigrett, Sri Madhusudan Naidu, Sri Ravi Kasturi and Ms. Bhuvana Santhanam. It was Swami's first visit to the country, 24 long years after His devotees invited Him for the first time. During this trip, Bhagawan and His entourage also visited Rio de Janeiro, Brazil, and Barcelona, Spain.

For one full year year, the devotees of Argentina worked intensely to prepare His divine arrival, with much love and devotion, overcoming all kinds of obstacles.

The Public Meetings took place in two very distant regions: Buenos Aires and Bariloche. The first Public Meeting was held in the city of Buenos Aires, the capital of Argentina, and was attended by 700 people. The second Public Meeting was held in the mountainous region of Bariloche, in the southern part of the country, and was attended by over 250 people.

During one of His discourses, Swami said, *"If you love God so much that God cannot withstand you; if you love God so intensely that God cannot live without you, God has no choice but to come wherever you are. Is that not why I have come all the way here? I have felt the pull of your hearts, which has prevented Me from staying away, drawing Me immediately to your presence!"*



# 14TH OCTOBER, 2016 – ESCOBAR

## SATSANG AT DR. JORGE BERRA'S RESIDENCE

The dawn of 14th October saw a divine sunrise, as the golden rays filled the hearts of the eager devotees who received Swami and His Entourage at Ezeiza International Airport, Buenos Aires, Argentina. Everyone boarded a mini bus and, after a two-hour drive, the entourage reached Escobar, the residence of Dr. Jorge Berra and his wife, Mrs. Rosana Berra, who learnt about Swami 30 years ago and have dedicated their lives to His service since.

Bhagawan was received with much devotion and spoke to a handful of eager devotees who had gathered that morning. His room on the first floor of the villa had been tastefully decorated. Breakfast was served to Swami and guests, after which all took rest.

As the warm day gave in to the cooler night and all gathered in the living room at around 6 p.m., Swami was welcomed amidst soulful *bhajans* sung to the strumming of the guitar and the rhythm of the tambourine. Thereafter, Swami asked Sri B. N. Narasimha Murthy to address the devotees, after which Swami gave His divine discourse.

### **Sri B. N. Narasimha Murthy**

This morning, when Swami came here, He asked a question, "Why have I come here?" Our wise hosts, Jorge and Rosana, remained silent. Then Swami Himself said, "I have come here first, in order to fulfil My promise to you that I would visit your country and your home. Secondly, I have come to take you to My home." And what is that home?

About 15 years ago, Swami asked a similar question in Kodaikanal. One morning, after breakfast, Swami sat with the students and said to them, "Whoever answers My question correctly will receive a prize from Me." Then Swami asked a very simple question, "Who am I?" All the boys put up their hands. Everybody thought, 'I know the answer.' One boy said, "Swami, You are God!" Swami said, "Not correct." Another boy said, "Swami, You are Sri Krishna come again!" Swami said, "Not correct." Then somebody who thought he was very intelligent said, "Swami, You are *Shiva-Shakti Swaroopa!*" Swami said, "Not correct." Finally, Swami said, "I am I."

That is the right answer. That 'I' is Swami's real nature and real home. That is where He wants us to reach; to transcend the individual consciousness and go back to our original 'I', that is, to become one with the Ultimate, the Formless, the Attributeless.

We are men and women of the world and we have many problems. We have physical problems, mental problems, family problems, even problems with the people whom we work. We pray to Swami, "Please solve all my problems." However, even God cannot solve all our problems because this world is anityam, asukham – a temporary existence without real happiness. All our problems will end only when we identify ourselves with our real nature, which is Swami's nature, which is Divinity.

# 14TH OCTOBER, 2016 – ESCOBAR

## SATSANG AT DR. JORGE BERRA'S RESIDENCE BHAGAWAN'S DIVINE DISCOURSE

When you have light shining bright in your own home,  
why go and ask for fire from a neighbour's house?  
When you are divine, yourself, but you forget God,  
is it not the same as forgetting who you are? (*Telugu poem*)

Dear Embodiments of Love!

Man is essentially divine. A flame placed within a red-coloured glass lantern gives red light but, when the same flame is placed inside a green-coloured lantern, it will produce green light – or, when it passes through blue glass, it will appear to emit blue light. Though the light itself is colourless, it appears to acquire colour, depending on the nature of the lantern that it is kept within.

A little understanding and analysis will help you understand this truth. A flame of divinity burns bright in each and every person, and it is the same flame, with absolutely no difference, in everyone. The differences you see depend completely on the nature of the container. Just as a flame in a red-coloured lantern appears red – or blue, yellow or green, depending on the colour of the glass –, the identical flame of divinity burning within each one of you is made by the outer covering of body and mind, to make you look different and feel different.

You look like men, women, children or old men – but all those differences are only external. It is a difference in the outer covering, but the inner light is the same. Once you realise that divinity is within you, there is no need to go or search anywhere else. Not knowing that it lies within, mankind keeps looking for it everywhere, but finds it nowhere.

A little story – Brahma, Vishnu and Shiva are the trinity of gods in Hindu belief. Brahma is responsible for the whole of Creation, Vishnu is responsible for its sustenance and Shiva is responsible for its dissolution. When the Creation was coming into being, they were placing everything in a particular way and, when everything – moon, sun and stars – had been positioned, the question finally arose, where to place mankind's divinity?

Brahma suggested, "Let us place it on the moon, because no one can reach the moon," but then Vishnu said, "Man is very capable. He may reach the moon in no time and will find it easily." It was suggested that it could be placed in the bottom of the ocean, but then, they discussed it and decided that man would be able to swim like a fish and go to the depths of the ocean and find divinity easily.

After much discussion, it was concluded that man's divinity should be hidden within man – because man's mind, which constantly looks outward, would enable him to fly like a bird to the moon or go down to the depths of the ocean like a fish, but he would not go even an inch within himself. Thus, it was decided that the divinity of each human was to be hidden within his or her heart. Mankind, driven by the outward-looking senses and the mind, always seeks for peace and joy outside when, truly, it is within.

What is it that I am doing? I am turning outer vision into inner vision – and inner vision will show you what lies within you. You will find the thing where it actually is, not anywhere else. 'SAI' has three letters; 'S', 'A', and 'I'. They stand for 'See Always Inside'. If you want to find Me, look inside. See always inside; only there will you find Me. When I am within each one of you, like the brightly burning flame, what need is there to look for Me anywhere else? Like the rich man who is unable to find the treasure he buried in his backyard and thinks he is poor, every one of you has Sai within you, but feels upset because you are unable to find Me. What I have come here to do is to teach all of you to always look within yourself for Me, because that is where I am and that is whence I manifest. The one, same electricity powers all these bulbs. God, within each one of you, is like that.

*(Speaking to the translator)* What do you do to see within?

**Translator:** I follow consciousness, most of the time, as much as I can.

**Swami:** Most of the time, no. What do you do, all the time? What do you tell yourself, all the time? What is your breath saying? 'Soham, soham'; it constantly chants 'soham'. What is 'soham'? 'So' means 'That' and 'aham' means 'I am'. 'I am That', 'I am That'; it tells you 'I am That' – and confirms repeatedly that you are not 'this'. From the moment you are born, until you die, it constantly gives you this reminder.

Through meditation, concentrate on your breath and listen to this truth. If you turn a key one way, the door opens but, if you turn it the other way, the door locks. The mind is the key to the kingdom – if you turn it towards the world, it will lock. If you turn it towards God, it will open. You must learn how to train the mind to do what you want. Training is possible through praanayaama (yogic breathing), through meditation, through silent sitting. Fire burns brighter when you add more firewood and when a draught provides more oxygen. Similarly, when the mind becomes restless with desires, normal breathing acts like oxygen to fan the flames of the mind. By breathing slowly, you will be able to bring the mind to a state of calmness. When all of you are happy and peaceful, you naturally breathe slowly and your mind is at peace – but, when you are angry, when you are agitated, when you are excited, your breathing becomes rapid and the mind becomes unstable. Thus, breath and mind are related; by controlling one, you can control the other.

If you want to open a door, you can open it from the inside or the outside. Similarly, if you control the breath, you can control the mind and, if you control the mind, your breath will be under control. All the problems come as the result of breathing incorrectly, thinking incorrectly and doing incorrectly. Therefore, when you breathe in, breathe slowly, exhale slowly and remember the truth that every breath is telling you. All the problems are a result of breathing incorrectly, thinking incorrectly and doing incorrectly. Therefore, when you breathe

in, breathe slowly, exhale slowly and remember the truth that every breath is telling you.

There are four important statements in the *Upanishads*, which are part of the holy scriptures, the *Vedas*. These are:

1. *Aham brahmasmi* – I am God
2. *Prajnanam brahma* – the ultimate wisdom is God
3. *Ayamatma brahma* – I am Brahman (the Absolute Godhead)
4. *Tat twam asi* – You and That (God) are one.

These are all truths revealed in the great texts. You may not have the time to study, or the understanding of these sacred texts but, when you concentrate on your own breath, you can learn the truth. When you breathe in, you say, 'So' – 'That'; when you exhale, 'Ham' – 'I am'.

The breath tells a person, 'I am that', on average, 21,600 times a day. Do not bother to count, but to heed the truth that it reveals. Some people are more interested in the facts than the truth that the facts are telling; they will only count how many times you have done something without realising the purpose behind it. They feel happy that they have prayed with their beads a number of times a day – but, without even one bead achieving anything – saying the rosary, chanting the prayer, but with the mind running all around the world. With one bead, they wonder whether they have locked the door or not and whether somebody might break in. With the next bead, they worry whether the car has enough petrol or not. With the third bead, they think, 'What am I going to cook for dinner today?' With the fourth, they remember they have yet to pay a bill and, with the fifth, they remember something they forgot to do at the office.

When you sit for meditation, the first thing that happens is that your mind is filled with

thoughts – because any flame burns brightest just before it dies. You are extinguishing the mind by meditating, so it burns brighter and tries hard to think of things. Therefore, do not start with the rosary; start with breathing first. Once your mind is under control, whatever you do will bring results.

It is because many of you meditate, that I am talking about the mind and meditation. You need to start with breathing exercises which calm your mind, and then start your meditation. Devotees here are very sincere in their efforts to realise the Divine. If you are sincere, you can achieve anything. We can have a more detailed discussion about the way, the path, the inward journey tomorrow; for now, let it suffice that you know you must breathe slowly and remember the truth that the breath is telling you: "I am divine. I am divine. I am divine."

There is no point in just keeping a count; counting is not going to help you. How many times does the pendulum swing in the clock but go nowhere? Once this side, once that side. That is not the way of the mind; it should be steady. Do you all meditate? Many of you do, I know. Meditation is not a one or two-day exercise; it is a life-long, daily exercise. It should become walking meditation, talking meditation, reading meditation, singing meditation. Anything you do should become meditation, because your mind is always on God. That is why it is said, "First be a servant, then you will become God."

It is a state of thinking of God, like a mother who thinks of her baby in the cradle, even as she does all her other work. Even with the noise of the pots and pans in the kitchen, if the baby cries in its cradle, the mother immediately knows. In just the same way, be conscious of the presence of God in your lives whilst doing all your other work – and talk to Me, talk to Me, talk to Me, about everything.

You want to buy new clothes? You call your friends and ask, "Which is the best place to go? What kind of things shall I buy? How much does it cost?" You ask so many people, but you do not ask Me. When you want to cook dinner for your family, you ask your son, you ask your husband, you ask your mother what they would like to eat. You do not ask Me. Even when you come to sing bhajans, you ask others, 'Which bhajan are you singing? Number 4, number 12, 330 and 19, you have them all ready.' "Don't sing this one, I am singing it!" Ask Me which bhajan I want to hear!

Instead of asking them, ask Me what I would like you to sing today, then I will respond from within. Make Me a part of every moment of your daily life. When you wear green-tinted spectacles, everything looks green. With a red tint, everything looks red. When you put on the God-coloured spectacles of divinity, everything will look divine. Discard the spectacles of outer worldly vision and, instead, wear those of inner vision, of divine vision – then you will see divinity in everything, everywhere, all the time.

Practise! Only if you practise it in every situation, will you understand what I am saying. It is good to hear about all these things and to speak about them or read about them – but, without practice, it will not make any sense.

There was once a very miserly man. Though he was rich, he was extremely stingy and would not spend any money at all. He would not even buy vegetables, because he thought

it was a waste of money; he would only boil some rice and then eat that tasteless meal. Next door to this rich, miserly man was a poor, old man. He was a very good cook and, every day, he would cook some very nice vegetables. Somehow, both of them would sit down for lunch at the same time. The miserly man would be eating his tasteless rice and smelling the neighbour's vegetables; he would not cook any vegetables, but he would smell the fragrance coming from next door and would eat his rice with the fragrance of the vegetables.

One day, they accidentally met outside the house and the miserly, rich man said to his old neighbour, "I am so happy. You cook good vegetables every day and the smell enables me to eat my bland rice. You are saving me a lot of money!"

The old man thought, "How terrible! I am spending time and money cooking vegetables and this man is benefitting. I will make him pay!"

In Telugu, they say that, if you want to kill a miser, you do not have to abuse or hit him; just ask him for money and he will die. So, when the old man went to the miser and said, "Look, you are getting the benefit from the smell of my vegetables every day, so you must pay me for it," the miser, who was quite clever, said, "Alright. Stay there and let me go and see how much money I have."

The old neighbour put his ear to the door to listen for the counting of coins. The miser was counting, "One, two, three," and he could hear the sound of coins falling into a box. The old man was very happy that he was finally going to get some money from the miser. After counting up to a hundred, the miser closed the box and came out empty-handed. The old man, expecting money, was shocked that the miser was not giving him any. The miser said, "I have paid you well."

"No. You haven't given me any money."

"You haven't given me any vegetables, either. I smelled your vegetables, you heard my money. It's the same."

The miser did not taste the vegetables by smelling them, neither did the old neighbour get the money by hearing it. In just the same way, you will benefit neither by Me describing it nor by you talking about it. Only with practice will you benefit from the words that I speak. It is nice to hear the sound of a coin but, if you do not actually have one, it is of no value. Similarly, all this wisdom will go wasted if it is not put into practice.

Just as you cannot get the water back from a river, once it has flowed into the ocean, these opportunities in life will pass. You can take as much water as will fit your vessel. The river of wisdom is flowing; do not go thirsty, sitting on its banks. Put the vessel of your heart into it, take the water of wisdom and benefit. This is a second chance, so one must value it. You will find Me within you, around you, above you, below you, everywhere – provided you practise what I say.

(*To the host, Dr. Jorge Berra*) Is there food for everyone?

**Jorge Berra:** Yes, there is food for everyone, Swami.

**Swami:** That is good.

# 15TH OCTOBER, 2016

## BUENOS AIRES

PUBLIC MEETING AT BUENOS AIRES AUDITORIUM



In the afternoon, a Public Meeting was held in the heart of the city of Buenos Aires, where over 700 devotees gathered from various American countries, including Colombia, Uruguay, Paraguay, Chile, Brazil, México and USA, apart from a large number of Argentinian devotees.

Swami's throne was placed centre-stage on the tastefully decorated stage, accompanied by seats for His guests. After a few bhajans, some of them in Telugu to the surprise of all, a ceremonious candle was lit marking the opening of the event. As Mrs. Rosana Berra opened the session with words straight from her heart, , "Finally the day has come!" the entire hall burst into thunderous applause.

Soon after, Mr. Isaac Tigrett enthralled the audience with his very significant speech, laced with humour. A short video on the ongoing healthcare mission of Swami at the Sri Sathya Sai Sanjeevani Hospital was played, after which Mr. Sreenivas, who was also celebrating his 60th birthday, spoke.

Another short video on the ever-expanding educational mission of Swami was played, followed by a brief talk by Sri B. N. Narasimha Murthy. Thereafter, Swami gave His most spontaneous discourse in the recent times, admist pin-drop silence of the auditorium, after which He opened the session for questions and answers.

# 15TH OCTOBER, 2016

## BUENOS AIRES

PUBLIC MEETING AT BUENOS AIRES AUDITORIUM  
EXCERPTS OF TALKS



### Mr. Isaac Tigrett

Sai Baba asked me to talk about culture and love, two of my favourite subjects.

In the United States, in the 60s, we were terrified because of the Cold War going on with Russia. Thousands of bombers were circling the globe, ready to begin a nuclear war at any moment. There would be air raid drills every day. It was the only thing people could talk about. The fear was intense. Everyone was building nuclear fall-out shelters in their basements. If you were to ask children and youth what they feared most, it was nuclear annihilation. Can you imagine a world to grow up in where all you can do is fear the end of the world at any moment? But that was only part of the perfect soup for a revolution of peace and love.

Simultaneously, we had the civil rights movement, where the oppressed blacks were fighting for their social freedom. In my hometown of Memphis, the great leader Martin Luther King, was assassinated. Cities all over America burned for the next week. Bodies were in the street and there were protests.

We also had another phenomenal revolution, the emancipation of women. There was a feminist movement opposing women's place in life as only having babies and cooking dinner.

There was a ruthless war in Vietnam which, for the first time, was shown on television every day.

Revolutions always start with the young – they are so idealistic, so beautiful, so free and have not yet been oppressed by a boss at work. We simply left the society which had brought this incredible mess to us. We started our own movement of peace and love. We had our own new clothing, hairstyles, music and poetry. I was blessed to be part of this bloodless revolution, in the 1960s.

## Sri C. Sreenivas

The four major influences of life, the four components of man or a nation, are political, social, economic and cultural. Yet, the totality of this does not constitute man or nation. To know what makes up the whole and beyond its parts is in a way the very purpose you are here. To be able to see what the eye cannot see, to be able to feel what you cannot just hear or see, but to experience that which, when you go out of this hall, you will definitely experience an inexplicable love, a joy that emanates from the very core of your heart, a feeling that you have never experienced. Suddenly, each and every one of you going out is a different human being, is a different gentleman or woman walking on two legs when you step out onto the streets of Buenos Aires. The person that came in, to the person that goes out from this hall, the difference that will be made, will be made by what you cannot see. Because the most beautiful things in this world cannot be seen, they can only be felt in the deepest bosom of your heart. That is the difference which makes up the totality of man.

That you have come is a matter of extreme good fortune. Out of the two crores of Argentineans, you have exercised that leap of faith. To have the courage to see what cannot be seen, but experience that joy within your hearts. The future of your lives, and the societies that you belong to, are bright. This is the story and life of our dear Swami. Enjoy it, savour it.

## Sri B. N. Narasimha Murthy

The story of God when He walks the earth in a human form makes poets of men and women. Mother Earth awaits the touch of the sacred feet. The whole of humanity awaits the advent of such a Divine Master on this earth.

I was truly blessed when I entered this beautiful place which has now become the Kingdom of Heaven. Why do I say that? Again it was Lord Jesus who said, "My kingdom is not of this earth. My kingdom is where My followers meet in love and peace, in understanding and harmony." When Baba entered this auditorium in the unseen form, which cannot be seen with our physical eyes, I had the good fortune of walking behind. I was very deeply touched by your spontaneous love and devotion.

We read today that the deeply religious countries of Latin America are now growing into deeply spiritual countries. Brother Isaac very clearly explained the difference between religion and spirituality. Spirituality transcends religion and something to do with your heart and my heart, your journey and my journey.

There was spontaneous rapport that was established between you and Swami. I could sense with deep joy and a sense of fulfillment that was felt in your eyes and on your faces, and when I heard the chanting of the Vedas, it was so very clear, which you cannot hear even in India. When Baba walked around to this stage, there was a beautiful Telugu bhajan which was being sung. Many of you may not have made out it is a Telugu bhajan. Truly this is the Kingdom of Heaven, the Kingdom of Love and the Kingdom of Harmony, where we forget our differences and revel in the experience of the unity of all existence.

# BHAGAWAN'S DIVINE DISCOURSE



This world shines forth in God, whilst God shines brilliantly in the world.  
The relationship between the world and God is inseparable.  
This is the word of truth, the word of Sai. (*Telugu poem*)

Dear Embodiments of Love, Devotees of Argentina!

Just as one sun shines in the sky, reflected in all the pools and puddles of water as hundreds and thousands of suns across the world, in the same way, there is only one truth of divinity, whose reflection is seen in every heart. There's no difference between an Indian sun, an Argentinean sun or an American sun; it is only one. The same sun reflects in a lake in Argentina, or in a water pond in India, or in the ocean by America. It is the same sun which is seen everywhere.

The message of the programme today is: 'All are One'. If you ask that little boy sitting there, "Is everybody One?" he will say, "No, not at all, because everyone looks different." There is an old man, a boy, an old woman, a young girl and then there are men and women. How can all be One? There are so many of them.

What would that child understand about this message of 'All are One'? With the eyes that he sees and with the ears that he hears, there are hundreds of forms here and hundreds of voices. Then, how can all this be one? It is because you are not just these forms and voices; you are something beyond. That which is beyond all that is seen and heard is the Oneness being spoken about. When there are many bulbs of different voltages, they glow accordingly. Some of the bulbs may be different colours, such as blue, green, red and yellow – but, the electricity

that passes through all of them is the same. This formless, nameless electricity moves through each of these bulbs and shines differently according to the bulbs. That is the truth that I preach.

It is the same divinity that keeps all of you doing what you have been doing. Whether it is a boy or girl, a man or woman, an old person or a young one, the same divinity pervades. The moment you realise this truth, you will feel the Oneness. This Oneness is possible only when you look inside, not outside. When you look around outside, there seem to be so many suns reflecting in so many bodies of water, all looking different from one another. As long as you keep looking down, you see reflections of what appear to be many suns, but the moment you look up at the sky, you see only one sun.

In the same way, Dear Ones, if you keep looking around you, outside you, you will see differences. Even though there is only one divinity, you will see it as different. The moment you look inside, within, you will see the one sun, the one divinity.

***Ekatma sarvabhu tantaratma*** – there is only one Atma which pervades all the beings.

***Ekam sat viprah bahudha vadanti*** – there is only one Truth, which is called by many names by the learned ones. ***Ekam eva adviteeyam*** - there is only One, not two.

When you say, "We all are One," you have to experience it to understand it. When a dog enters a room full of mirrors, it sees its reflections in all the mirrors as many other dogs, and thinks that it is surrounded by them. It becomes afraid and starts barking at the reflections. The more it barks, the more barks it receives from the reflections, and it becomes afraid that the many dogs will attack. Out of fear and anxiety, it runs from the room. If a man enters that same room and sees his reflection in all the mirrors around, he smiles looking at his own reflection, and all the reflections happily smile back. In the same room where the dog has experienced fear and anxiety, the man has experienced joy and bliss. The room is the same, the mirrors are the same, but the experiences are different. A dog experiences fear, whilst a man experiences happiness. Out of ignorance, the dog thinks all are different dogs in the reflections, whilst man, who has the wisdom to know that all are his own reflections, sees them and feels happy.

In the same way, the ignorant one looks outside and sees everyone as different from himself, becoming afraid and anxious. A devotee, a man of wisdom, looks beyond these different forms into what lies within, and sees all the reflections as gods and divinity. Whilst seeing his own true Self in everyone, he becomes full of joy. He has no scope for differences, no scope for fear and no scope for any negative feelings.

This world is a play of God. He has dressed Himself up as so many and He is as many as you are, for you are all but the same reflection of God; there is no difference. You will realise the truth only when you understand this. Merely repeating it without understanding is not going to lead you to joy. Only when you understand and experience it, will your heart be full of joy.

There was once a dull-witted boy. Whatever he was taught, he would forget the very next moment. No matter what he was taught, he would not remember and could not learn anything. His teacher in his school told him, "I find it is a waste to teach you anything. Whatever I pour into you and teach, like a sieve, it leaks and gets washed away; therefore, I will teach you only one thing. If you are able to learn it, it is equivalent to learning all. This is the highest truth that all the Vedas have proclaimed. Learn this one thing and then you do not have to learn

anything else."

The boy got very excited and asked, "What is this?"

The teacher said, "*Aham Brahmasmi* – I am God. If you understand this much, you do not have to learn anything else."

The boy answered, "It is so simple that I understand!" He returned home feeling very happy.

At home, his father asked, "What did you learn in school today? You look very happy."

The son answered, "I learnt the greatest truth."

"What?"

"*Aham Brahmasmi*."

His father responded, "Oh, that's wonderful! What is its meaning?"

The son answered, "The teacher is God."

His father responded, "No, no. The teacher is not God. '*Aham Brahmasmi*' means 'I am God'"

This foolish student then thought, "My teacher taught me wrongly. My father is God, not the teacher."

After some time, his uncle came to the house. He asked the boy, "What did you learn in school?"

"Oh, I learnt the greatest truth."

"What is it?"

"*Aham Brahmasmi*."

"That's wonderful! What is the meaning?"

"My father is God," he said.

The uncle replied, "No, no, '*Aham Brahmasmi*' means that I am God."

Then this foolish boy thought, 'Oh, my teacher taught me wrongly that he is God. My father also taught wrongly that he is God. Actually, my uncle is God.'

His understanding was that '*Aham Brahmasmi*' meant 'Uncle is God'.

Saying, "We are one, we are one, we are one," without experiencing it is similar to this boy. If you do not feel oneness within, how can you proclaim it? By merely repeating it, can you experience it? By printing it on a poster and displaying it everywhere, can you make it happen? Even by composing songs and singing them, can you understand it? It is akin to the boy saying, "I am God, my uncle is God, my teacher is God and everybody is God!"

You must understand the inner truth that you are a divine being, that your true nature is God. Just like different sweets are made from the same sugar, everyone looks different outwardly, but the essence is the same. By looking at sweets, you would never know that they are sweet, as they come in different colours, sizes and shapes; yet, when you take a bite, tasting and eating them, you will know that they are all sweets. First experience, then proclaim. For

too long, you have repeated like parrots. What I said, you repeated after Me, like this boy kept on repeating whatever his teacher was teaching. Repeating will not help you; unless you really feel the Oneness within, you will not achieve the goal.

It is good that you have started on the journey, for if you do not begin, you will never reach the end. In the beginning, at least pretend, then tend, then end. First, pretend to be divine, then you will tend to be divine, then you will end up becoming divine.

This morning, when I was speaking to some devotees, they were all saying, "Swami, we love You, we love You, we love You." This love is not yours. It is My love which is reflecting in you, like the same sun reflecting in different bodies of water. I have gone nowhere. I am there where I always was. Momentarily, I was found outside but, truly, I belong inside.

'S-A-I' means 'See Always Inside'. What will you find inside? You will find Baba. In 'B-A-B-A', 'B' is for 'Being', that is, Sat, the Atma. 'A' is for Awareness, which is 'Chit'; the next 'B' is for 'Bliss', or Ananda. Finally, 'A' is for 'Always'. See Always Inside, to find Being, Awareness and Bliss Always. That is Sai Baba. Where? You will find it there inside; you cannot find it elsewhere.

If you put your keys in your right pocket, you also have to take them out from your right pocket. If you put your hand in the left pocket, you are not going to find your keys. Likewise, God is in your heart, inside you. Do not search for Him in your head, because you will not find Him there. Wondering, 'Why is God like this? Why is He not like this? Why does He do this? Why does He not do this? Why does He say this? Why?' – all this is in the head. If you search in your head, you are not going to find God. You will get a headache, but not God. Search where He is, inside you. Feel Swami within you. He is love. If you experience that love within you, then you will experience Him outside, not through experiment, but through experience. Only through experience can you know the truth.

You may now ask questions. Ask for the benefit of all.

**Question 1:** Swami, how much longer will the Subtle Body of Sai be with us?

**Swami:** As long as Sai Baba wants. As long as My work is not finished, I will continue



doing this. What is My work? Is it to build hospitals? Is it to build schools? Is it to travel the world? No! It is to see that you are transformed and that you experience this divinity. I will continue, in some way or the other, until you are transformed. So, the faster you learn, the earlier I can retire. In fact, I have to ask the question: "How long do I have to continue?" When will you realise that we are One, so that there is no Sai Baba outside, no Sai Baba here or there. You are Sai Baba.

**Question 2:** Swami, we devotees from La Serena, Chile want to know when we will have the enormous blessing of receiving You, because our hearts and hands are open for that.

**Swami:** If a flower blooms and is full of honey, the bee will find its way to the flower. When there is enough nectar in you, I will find My way to your place.

I was talking to a young person this morning. He wanted to know, "How can I have God?" You cannot bind God; you cannot lock Him up; you cannot tie Him up. He is beyond all these things. So, you cannot own or capture God, or keep Him by any external means. The only way to have God with you always is to love Him so much that He has no choice but to be with you. God, who has created the entire universe, lacks nothing, for He is the owner of everything. Just like a mother, all He expects from his children is love. His hand is always giving and giving, never receiving.

Swami goes to you only when there is love to be received. You must make Me want you so badly because you love Me so much that, even before you open your mouth, I should say, "I want to come." I will give you the answer when I think there is enough love, not just in you, but in all of you there. The truth is, if you have that kind of love, you do not have to invite Me. I will be there behind you, around you, above you, below you and everywhere. Just as you want to be with Me, I also want to be with you. I will come in good time.

**Question 3:** Swami, the *Vedas* proclaim the importance of having a guru to guide and lead us. Since we are more than 7 billion people on this earth, are there many spiritual masters?

**Swami:** God comes down in so many ways to teach you because He is there in everything that you see around you. The coming of the guru is not as important as the readiness of the disciple. If the disciple is like the one we heard about in the story, no guru will be of use. God flows through rivers and teaches the rivers not to drink their own waters, but to give to others. God grows in the trees, gives them fruit and teaches them the lesson to not eat their own fruit, but to give it to others. God rises in the sun, burning Himself out to give light and life to others. Everything you see around you holds a lesson to be learnt. When there is readiness of the disciple, the guru will come in some form or the other. Do not worry about all the people and how they are going to learn. When they become ready to receive their lessons, some way or the other, God will find His way to them, just as He has found His way to you.

Yes, there are many, many, many people. They may not outwardly look like gurus but, inwardly, they are. Just as a father knows when to put his son in grade school, when to put him in high school and when to put him into college, God knows when to take you to each guru. Because all are God's children, He is equally looking after everyone's well-being. The children

who are obedient will learn quickly. Those who are difficult and disobedient will take more time. Everyone will find a teacher at the right time.

Are you a student or a teacher now? Be a student for yourself, but be a teacher for others. Always be eager to learn more but, at the same time, by practising, help others learn from you. Every teacher was a student at one time. I now expect My devotees and students to slowly grow into teachers and propagate the truth of divinity throughout your lives. You have been students for a long time. It is now time to grow into being teachers and spread My message – this is what I expect. Students can afford to make mistakes, but teachers cannot afford to do so. A teacher's life is a life of perfection. It is only when you step into the responsibility of being a teacher that you will really perfect all that you have learnt from Me. Then you will start living for others instead of yourself, which means perfection in every thought, word and action. Become like this now.

**Question 4:** Swami, we come from Colombia and we are having a difficult time acquiring peace. We really need your help. What we should do to achieve peace?

**Swami:** Colombia, do not worry. There will not be a war or any unrest. The only way to achieve peace is when each person becomes more sacrificing. All fights arise out of selfishness. As people of your country, if you become more selfless, there will definitely be peace. What do I mean that you should become more sacrificing or selfless? Let go of some of your demands for the greater good of your country. Let go of some of your own desires and desire for the greater peace of the people. That is the only way to restore peace there. Too long have you lived in fear that you will be harmed or destroyed. Develop faith that God will not allow anything to happen to you if you have faith in God. Who can harm you, who can deny you, if God is there for you? It is only the lack of faith and devotion to God that is the cause of all the unrest.

People should develop more devotion and selflessness. Only then will peace come and stay. You should live, but also allow others to live; do not live at the cost of others. It is good to share: you eat half and let others eat half; at least both will get some. This is the only way to develop peace.

**Question 5:** Swami, in many of Your discourses, You proclaim that there is equality in creed, caste, nationality and even gender. With regards to gender, are You referring to men and women, or even to straight people, gay people, transsexuals and intersex people? In the last few years in Argentina, gay marriage has been proclaimed legal; hence, this question.

**Swami:** I just gave a discourse about the Oneness of that which is within. So, when I say that all are equal, I look at it from the perspective of divinity. All are important. This is because all are essentially divine. When one looks around with the glasses of divinity, one will see everything as divine. Everything will look equal although, outwardly, everything is different. A mango fruit is different from a lemon, which is different from a banana. How can they be equal? Each of the fruits, each of the trees and each of the seeds has a purpose. Some fruits are supposed to add sourness to food; other fruits add sweetness to food. Variety in the food makes it tasty.

Likewise, there are men, women and children, both young and old. There are poets, professors, scientists, doctors and engineers, all different in their own ways. Outwardly, there is a difference which has to be respected with the understanding that, inwardly, everybody is the same and divine. A lemon fruit is going to be sour. You cannot complain that it is not sweet; it is not supposed to be sweet. On the other hand, a banana will be sweet; you cannot expect it to be salty. That is how God has created this whole Creation. Each is unique and important in its own way. Understanding this and respecting this is equality; otherwise, how can all be equal? People look different, speak different languages, eat different foods, wear different clothes. There are differences, no doubt. Understand that, fundamentally, all are divine so, fundamentally, all are equal. Once you have based your vision on this divine principle, you will be able to respect a lemon fruit, as well as respecting a mango fruit. You will be able to accept the outer differences, yet respect them. If you look outwardly, you can never find justice and equality. That is why I say, the solution to all the issues and problems of the world lies in man realising his divinity.

**Question 6:** My sweet and beloved Lord Sai, I am also from Colombia and would like to ask Your blessings for the children's games we are preparing in our native country to help children learn through human values.

**Swami:** Life itself is a game that all of you are playing. This game throws many situations your way which test your convictions and your character. The winner of this game is the one who puts others first, before oneself. This is the value that the game of life teaches. Therefore,



your games should be designed to teach sacrifice, selflessness and putting other's interests before oneself. When the children learn how to play these games in their schools, tomorrow they will also be able to play the game of life correctly. Teach them these values – it is important! If they can apply human values in these imaginary situations, tomorrow, in real situations, they will be able to apply them well. I am very happy with this and with what you are doing.

Children love to play. You have to make their learning playful. It should not look like they are learning; they should think that they are playing. The moment you tell them they are learning, they will think it is a burden. Tell them that you are going to play but, within that, you can teach them. Mother Yashoda would show Krishna butter in one hand to attract Him and, once He came, she would take a stick to correct Him. You cannot catch Krishna otherwise. Do what children like so that they can learn correctly.

**Question 7:** Since the year 1800, here in Argentina, we have free education in our schools, free healthcare, beautiful rivers and very fruitful land. At the same time, 32% of the people are impoverished. Can You please explain why this is the case?

**Swami:** You, yourself, are saying that God has given plenty in this land, so God is not the cause of poverty. It is men who are the cause of poverty. I said that life is a game, where you have to learn to put others first, before yourself. If you 'play' like this, then the game will be good; everybody will have enough and will not lack anything. The moment you put yourself before others, all these differences will appear. So, what is the solution? Is the solution charging the rich to benefit the poor? Is the solution forcibly snatching away from those who have more to give to those who do not have? Is making rules, policies and laws the solution? All this is forceful, coming from force. Even if solutions come, they will be safe only for a while. The government will change, policies will change and solutions will change.

The real solution is that people should feel for others from within. They should develop the feelings of compassion, empathy and understanding, whilst having love and the sacrifice to share. I am not limiting this to sharing material wealth, but rather, to sharing opportunities with others. When everyone is getting free education and free health, why are there differences? It is because opportunities are not being shared equally with everyone. If you create more opportunities for others to improve, that will create a permanent solution. That is the job the government has to do: give opportunities to everyone to be able to grow and rise. Create work opportunities, but do not give them out free, as it leads to laziness, a worse enemy than poverty. Train them and give them opportunities to work and earn their bread. If work opportunities are created, poverty will vanish. Then the state will arrive at a good balance.

**Question 8:** Swami, we are living in a world where external violence is so high with worry and suffering, yet You are telling us to go inside and search within. How can we do this with so much external violence? How can we take our vision inwards?

**Swami:** External violence has two aspects: the one who is inflicting the violence and the one who is undergoing it. By making you good, at least I am avoiding you becoming one of those who inflict pain. As more and more people start looking inside and being good, less

people in the world will resort to violence – that is what I am doing. Imagine if I would not have come and all of you would not have learnt these lessons of non-violence! What would have happened to many of you? Do not despair too much, looking at the world around you. Be good, spreading your goodness to ten others – that is good enough. In the same way that I did not allow you to go wrong, you must also ensure that ten others are kept on the right path. The problem did not happen in one day; similarly, solutions also will not happen in a single day. As it has grown, so will it diminish. It will take time – but, you have to put in efforts. No solution is found by killing and removing evil people. If you cut the trunk of a tree and the roots are intact, someday the tree will grow again. Even if you punish and banish a few people, you will have not removed evil from the world. Only when you remove it from its roots, can it be permanently eliminated. This problem can be solved only when people inwardly turn good. If each one of you does your duty, it can be achieved. That is all I expect from you. By force, you cannot solve this issue. There may be some temporary relief, but the problems will come back again, much stronger than before.

Many mosquitoes reside in small villages in India. As you know, mosquitoes can carry several diseases. The government came up with a plan of spraying medicine in the streets and, as it spread, a few mosquitoes died. People felt relieved for a while. Soon, these mosquitoes grew stronger than the medicine. Now, no matter how much you spray, the mosquitoes do not die. What is the solution? Keeping the surroundings clean is the solution. With so much dirt around, spraying medicine is not the answer. The root cause of mosquitoes is the filth that lies around. If you clear the filth and keep yourselves and your surroundings clean, the mosquitoes will not come. Wars and punishments are like that spray. They will only last for so long. Removing evil feelings, selfishness, greed and hatred from people is the permanent solution. There are governments, rulers and men who only think temporarily. I am God; I think only permanently. Temporary people live temporary lives, thinking temporarily. You should think of permanent solutions so that it becomes peaceful not only during your lifetimes, but forever. Let us think this way.

Teach your children, your youngsters, your youth and your friends, the right way of living. You do not have to talk about Me, but talk about My teachings. How will you tell others? Not by words, but by your actions. This is your time now, as I have done My part. Each one of you has to grow in My image and realise the true potential of divinity that lies within. You are no less than Me; we are the same; we are One. Do not forget that you and I are one, so there is no difference. Each one of you is capable of doing that of which I am capable. The day you realise this is when you can truly understand what I have said.

What has been served today, digest it, practise it, understand it and experience it. Then, your coming here and all this organising, will find its fulfilment. Such a wonderful satsang has been organised, wonderful dishes have been prepared to be served and people have come with anticipation of having a good feast. However, if all this goes undigested, it will be a waste. Take one teaching that you have understood and practise it. Even if you cannot eat all that has been served, take one dish, eat and digest it. You will benefit. I will be happy then.

I conclude blessing that all the people will lead peaceful, happy and divine lives.

# 16TH OCTOBER, 2016 – ESCOBAR

## MORNING SATSANG WITH YOUTH AT DR. JORGE BERRA'S RESIDENCE EXCERPTS OF TALKS



DIVINE VISIT TO ARGENTINA IN THE SUBTLE FORM – 19 OCTOBER 2016

### **Mr. Isaac Tigrett**

The age 14-15 is a very important period in the life of youth. It's part of the evolution when you start trying to define yourself. What your parents put into your head since childhood, you begin to test out, to plan out for yourself. It's the most exciting age without a doubt because I was so young when I started my business. I was 22 and the next thing I knew, I was hiring people between the ages of 16-23, hundreds of them. Because when you get to that age, you know you throw your backpack on, you travel around the world, you are fearless. The world belongs to you. You are idealistic, and it is the most powerful and exciting part of your life.

Then, when you get to be about 23-24, you get a job. Suddenly, you are in a new world of politics, in the world of business, and you start having to compromise your freedom to be accepted within a job, in the work environment. You start to contract and your belief system narrows. Then, you get married and you have a car payment and a mortgage on your house. Suddenly, you compromise your values to any degree to keep that lifestyle going. You will take advantage of other people's work at your job. You will hide when you have done bad things or the wrong things at work. You will blame others for anything. Anything that threatens your lifestyle, you will bend your moral fiber to protect. Basically, you become bigoted, opinionated and fearful, and you lose contact with your freedom. It is a very dangerous predicament to be in because you can become the walking dead if you are unwilling to open your heart and mind to something new, to something real, to the truth, because you fear what other people think.

## Sri B. N. Narasimha Murthy

In 1978, I was a young man and Swami had just taken over the Muddenahalli school in August 1978. My mother was admitted to a hospital in Bengaluru, to undergo an operation, as advised by the medical fraternity. When I met my mother in the hospital, she asked me, "See, Baba is now in Whitefield, Brindavan. Go there and pray to Swami so that I can get cured without surgery."

In those days, in Brindavan, Swami would come out of the old bungalow, the gate would be open, Swami would walk on the sands, and would approach where the devotees sat under a tree. As Swami came, I knelt down and said, "Swami, my mother is in hospital."

Swami, with a mischievous smile, asked me, "Which mother?"

I was surprised, so I said, "Swami, my mother."

Swami asked whether it was 'this mother' or 'that mother'. Like a dull student who could not follow, again I uttered out, "Swami, my mother."

Swami materialised *vibhuthi* and gave it to me. Then, Swami bent down and whispered into my ear a lesson which is greatest for you and me, for everybody: "Your mother is Sai Mata." Yes, the real mother, the eternal mother is Mother Sai.

That does not mean we should ignore our earthly mothers, but we should understand the truth that Swami, our God, is the mother of all mothers. Our earthly mother can give us food, bring us up and serve us. Our father can provide us what we need. A teacher can teach us something we have to learn about a subject. But there will be many situations in our lives where our mother, or father or a teacher cannot help us. Only the One who is with us all the time can help us!

# BHAGAWAN'S DIVINE DISCOURSE

*sathyam mata pita jnanam dharma bhrata daya sakha  
shanti patni kshama putrah shad eteha mama bandhavah*

Truth is our mother and wisdom is our father;  
righteousness is our brother and our friend is compassion;  
peace is our spouse and our child represents forbearance.

These six are everyone's true relations. (*Sanskrit poem*)

Dear Embodiments of Divinity!

In this world, each is born into a family – no one is born without a family. In a family, there are relations, but all these relations are a consequence of the body that you have acquired. It is through this body that you identify your relations. Somebody is the mother to this body and somebody is the father. Somebody is the brother to this body and somebody is the sister. Somebody is a friend to this body. Somebody is a child, or a spouse. In this way, all relationships are formed identifying you as this body. That which is dependent on the temporary body is also temporary. For this birth, and for this life, these are your relations. As long as your body lasts, these relationships also last. So, these relations are not permanent.

True relationships are the ones that I mentioned at the beginning. Consider this truth, that divinity is your mother, for it is from divinity that you are born and, when you die, you will merge back into divinity. The water bubble that is born out of the water bursts and goes back into the water. Its existence is temporary, but its truth is permanent. The bubble is temporary, but the water from which it is born is permanent.

When Narasimha Murthy says that Sai Baba is the mother or Swami is the mother, what he really means is that divinity is the mother. When I say that Sai Mata is the real Mata, that Mother Sai is the real mother, it means that your divinity is your true mother. Wisdom is your true father – the understanding of the knowledge of your true Self is your true father. Without having such a mother and father as divinity and the wisdom of divinity, this life is worthless. It is from divinity that you are born, it is divinity that sustains you during your life and it is into divinity that you must merge. This divine Self is the water from which the body, like a bubble, emanates, flows, bursts back and merges.

You are divine! Do not underestimate and undermine yourself by thinking that you are temporary like a bubble. Do not pay too much attention to your body, for whatever you try to do, some day it has to go. Every object has a manufacturing date, as well as an expiry date. For the body, birth is the manufacturing date and death is the expiry date. Therefore, do not base your life on these temporary things. Develop permanent relationships. Consider divinity as your true Self, and live in this truth all the time.

Youth is the most important age. Of the eighty-four lakhs (8.4 millions) of species on earth, human birth is the rarest. Within human birth, youth is the best time – your body is strong, your mind is sharp, your heart is pure; do not contaminate them. When you grow old, your body becomes weak. You cannot do anything. You cannot even get the food from your plate into your mouth correctly. Your mind becomes weak. You forget your own name and address. With that kind of an old car, you cannot travel far. Therefore, use this time of your life well.

How can you use this time well? Base your life on this divine truth: "I am divine, so my words should be divine; my thoughts should be divine; my actions should be divine. They should be in accordance with my true nature." Would it not look strange if a man started barking like a dog or braying like a donkey? If somebody saw him, they would come up to him and say, "Why are you barking like a dog? You are not a dog! Why are you braying like a donkey? You are not a donkey!" Similarly, your behaviour, your conduct, your thoughts – everything should be in accordance with your true nature.

Sailors use a compass to guide them because it always points towards the North, no matter which direction they are in. The same way, your mind should always focus on the truth that you are divine. Let this truth guide you in every thought, word and action that you undertake. When you get a thought, analyse it: 'Is it a divine thought? Is it not a divine thought?' If it is not a divine thought, discard it, for it is not your nature. If you are about to speak a word, think: 'This word that I speak, is it divine or is it not divine?' If it is not divine, if it is animalistic, do not speak such a word. If you act, or if you are about to act, ask yourself, 'Is this action in accordance with my divine nature?' If it is not in accordance with your divinity, shun such an action. You should go on testing your thoughts, words and deeds against this divinity as a standard.

For many years, you have been taught a lie: that you are this body, that you are this mind and your existence consists only of this. Whoever meets you either calls you by your name, or by your position or by your title, but nobody calls you a divine being, the way that I do. Because of this, you are deluded into the untruth that you are something other than divinity.

At this time and this stage of your life, if you do not make a concerted effort to realise this truth then, when you grow older, you will not be able to do it. After one has lived one's life, and eventually reaches the doorstep of death, one reflects and regrets that their life was not spent well. It is just like some students who do not study when they have the time and, when the examination comes, they think, 'If I only had one more month to study, I could have done well.' However, the exam does not get postponed, nor do they get another month to revise. You know what the result is! Therefore, put in a sincere effort now, while you have the time. It is the season of spring in your life. It is the most beautiful time in your lives! Your body is strong and agile, your mind is sharp and clear and your heart is pure and full of idealism. Preserve this! Do not waste it. Time wasted is life wasted. Every moment of time that passes cannot return. Once the hands of the clock have moved, they cannot be put back. The water of the river that has flowed by cannot come back. Similarly, this life, this youth, which is there with you, will not come back to you. Do not be proud of your wealth and your youth. At some point in time, all this can be taken from you in a trice. Know that all this is temporary and passing. Hold on

to the feet of the Lord, for there are plenty of distractions in the world. One's mind is always being pulled in different directions by outwardly influences – but, this is also a part of God's plan. Just as a teacher makes you take a test to check how much you have learnt, the same way, once in a while, God puts exams in place to check how much you are practising. The fish that stay near the feet of the fisherman do not fall in his net. Even though the fisherman casts the net, the fish that are close to his feet are safe. Hence, stay close to God. If you think of God all the time, you will not fall into the trap of these distractions.

Do you know how monkeys are trapped? In ancient India, monkeys in the forests used to be trapped and then made into pets to perform tricks. The monkeys that are free and independent, enjoying their lives in the forest, fall victim to these traps and become slaves to their masters. In the villages, trappers would put a few groundnuts into a pot or vessel with a very narrow neck. Because the neck was narrow, the monkey could only put its hand inside to grasp the groundnuts lying at the bottom. However, when the monkey wanted to pull its hand out, it would be stuck, because the fist it had made would not fit through the narrow neck of the pot. It would think something had caught its hand inside the pot – but, the truth is, there was nothing inside the pot other than groundnuts. Distracted by the groundnuts, whenever it tried to pull out its hand with its fist closed, it would be unable to do so, and thus, the monkeys would get stuck and get caught because of their own mistake.

There are hundreds of distractions in this world, especially for young people. If you go after these distractions, you will be responsible for your own bondage. No one else is responsible for your misery. Therefore, give up desires which are silly and petty. For the sake of a few groundnuts, should you lose all your freedom? Do not become a slave to your senses. Do not become a slave to your mind. Develop only one desire: "I want God. If I have God, I have everything. God will give me what I require, when I require it, and however much I require."

So, to the young ones here, as well as the elders, try to carry out in practice what I am telling you. Do not just accept it without testing it. Test it for yourself and discover the truth. Even if I tell you what to do, you must still test it out to find the truth in it. Ask: "I want God, I want God, I want God." If you ask this, then you will see that whatever you need will come



to you. Whatever is good for you will happen. You do not have to demand or ask or beg for anything from anyone. Ask with faith, "I want God, I want God, I want God." Test it for yourself and find the truth in what I say. Once you have God, who owns everything, you will have everything. Use this time well to reach God.

Reaching God does not mean giving up everything else, for God is everything. He is in everything. However, the way you must look at it is different. Your mother is God and your father is God; your friend is also God; your pet is God; your wife is God; your children are God. Everyone you see is God. If you look upon everyone with that vision and, if you believe it to be so, no harm will come to you. You will meet with everyone, greet everyone, talk with everyone, and behave with everyone in a divine way.

Once this particular time passes, you will not get it back again. If you do your homework well, you will automatically pass tomorrow. Whether you are with Shirdi Sai, Parthi Sai or Prema Sai is not important. What is important is what you did whilst you were with them. Did you follow what they said? Did you understand their teachings? Did you practise them and benefit? Rain might come in plenty but, if your vessel is turned upside down, you cannot catch even one drop in it. Likewise, why three Sais, even if 30 or 300 Sais come, it will not be of much use if you do not practise. So, practise! If you practise, I will follow you. If you follow Me, I will follow you. You do not have to worry about whether I will call you or not. If you call Me, I will come. I want such devotees. The world today is in fragments, broken into pieces by selfishness. 'I, I, I.' Everybody is thinking only about themselves all the time. Elders have made their mistake ruining the world, but it is up to you to mend it, correct it and start to set it right.

If you remain mute and witness all these things merely as a spectator, you will fail in your duty. The future of the whole world depends on you, the young people. The way you behave, the way you do things will determine how the world will become. The world is not about oceans and land and mountains and trees – it is about people; it is about you. Follow Me! Be inspirational. Inspire others with your life. Test everything against this standard of divinity. Is this a divine feeling or not? Is this a divine thought or not? Is this a divine word or not? Is this a divine action or not? If the answer is yes, accept it. If it is not, reject it. Discrimination is important. Apply discrimination! Wise people think before they act. Fools act and then start thinking. You are not fools! You are wise. Be like that.

You have all worked very hard and have not rested well, but still your hearts are full of joy. If you had worked in your office for many hours, after three days, you would have taken some leave. Because you think of it as work, it is a burden. That is not the right way of looking at this. How is it that you feel happy and joyful, even after having worked so hard today? Do all your work with this same feeling. It is narrow to think, 'This is Swami's work; that is not Swami's work.' Everything is My work. Your body is Mine; your mind is Mine; everything is Mine! Whatever you do, make sure it is for Swami, Swami, Swami. You should develop this attitude so it is with you all the time. Then you will find that everything will become joyful. Your cooking will become a source of joy; eating will become a source of joy; driving will become a joy; speaking will become a joy; singing will become a joy; working will become a joy – everything will become full of joy!

If you want to have a bright and beautiful world tomorrow, you have to work today. If you are to have a crop tomorrow, you have to sow your seeds today. I believe you will not fail Me, and what I say, you will take to heart, so that you will not let Me down. This is the trust I place in the youth of today, and it is My firm conviction that they will pay heed and they will not let Me down. My mission depends on you! Do not worry about whether you will be with Prema Sai. Be like this, so that Prema Sai will be with you. 'Prema' means 'love'. If you have that love in you, He will come running to you. You do not have to go anywhere. Stay where you are, He will come to you. Be kind, be loving, be compassionate, be divine.

(Speaking to a youth) Are you the leader?

**Youth:** If You think so, yes.

**Swami:** I will think, but you should think about it as well. The leader is first a follower. If you do not follow at first, you cannot lead. You have more responsibility. Meet more people, talk to them. Do not worry if they are devotees or not. Everybody is Mine. Everybody has Divinity within. When iron touches the Philosopher's Stone, it becomes gold because, in every piece of iron, there is gold and that touch can transform them. Go and talk to people and meet more people. Speak to them about good things, about idealism, about service, about kindness. They will all change. However, you cannot inspire merely with words. By your actions, and by your life you should inspire others. All of you should join together, travel and meet people. I say to all of you, go and meet people and inspire them. It is the greatest seva. If you bring them closer to God, you will do the greatest seva. Having come here, I am very happy.

What questions do you have?

**Youth:** I don't have any questions, only love for You. Thank You for everything.

**Swami:** Love not only for Me, but love for everyone.

**Youth:** Yes, of course, but You are in everyone.

**Swami:** Yes, love everyone.

The woman that you love, that love comes to Me. Whichever post box you use to post a letter, it reaches the address. Address it to Me. Drop it in any post box, any heart. Love will always reach Me.

Become strong in your character, strong in your faith, unshakable in your determination. Argentinian children are good children. I knew them when they were very small. They used to come for darshan, these boys. These small boys used to come to darshan, wearing their scarves. Their minds were always on the canteen. They thought that, if you go to the canteen, you have to eat in South Indian canteen. The moment darshan was over, they ran and stood in line in front of Western canteen. That was when they were children.

Do seva.

How many are coming to India?

**Youth:** I don't know.

**Swami:** Make a plan and come. Yesterday, I told all the people of Argentina, all the youth, the ladies and the gentlemen: Everybody plan to come for Shivaratri. All of you come. It is a special Shivaratri for now the transition from Sathya Sai to Prema Sai has begun. Now it is going to increase, increase, increase. It will become faster and faster.

**Narasimha Murthy:** They can also come for the World Youth Conference.

**Swami:** Those who are coming can attend the World Youth Conference. Tell them in advance so that they get their flight tickets early and do not have to pay too much. That saved money can be used to help. You should practice 'Ceiling on Desires'. You should ask yourself, 'Should I spend time on this? Should I spend this energy? Should I spend this money? Should I devote my life to this task? Is it divine or not?' If you practise this, you will save a great deal. Four things are very important: Time wasted is not good; money wasted is not good; energy wasted is not good; life wasted is not good. Everything should be preserved, not wasted.

Do the Arathi, then serve the food. Do you have food here?

**Jorge Berra:** Yes, for everyone. We also have *prasadam*.

**Swami:** If I do not follow what I speak, will all of you follow Me? No! My life is My message, that is why everybody follows Me. If you follow the words that I speak, then everyone will follow you.

# 16TH OCTOBER, 2016 – PACHECO

## EVENING SATSANG AT MRS. HAYDEE FRIN'S RESIDENCE EXCERPTS OF TALKS

### **Mr. Isaac Tigrett**

In the 70s, a group of people from the University of California came to Puttaparthi. They had heard about Sai Baba's miracles and were there for about a week, trying to get permission to film Him and see a materialisation. He ignored them until the last minute. Then He called them in. They were all sitting at His feet and were wearing – typical of people from California – American Indian jewellery. One of the most popular items is turquoise and silver, which is made by the Navajo Tribe of Arizona.

So, during this interview, Swami turned to a man wearing such a ring and said, "Can I have your ring?" The man removed the ring and Swami took it. He showed it closely to one of the men and asked, "What is this?" The man answered, "Swami, that is a silver ring with a blue stone." Swami said, "Very happy." Then He went to the next person, "What is this?" "Swami, that is a Navajo ring from Arizona and it has a turquoise stone." Swami said, "Very happy." To each one, He asked, "What is this?" and everyone gave an answer. Then Swami held the ring in front of everyone and blew on it three times. Suddenly, it turned into a big golden ring with a ruby on the top! Swami immediately turned to the ring's owner and said, "What is this?" "Oh, that's a gold ring with a red stone!" "Very happy," He said. To the next, "What is this?" "Swami, that's a ruby in a gold setting." "Very happy!" He went around the room and got each one to describe this new manifestation. Finally, He held the ring and said, "Swami is very powerful. He has the ability to change all the elements of the universe at will – but, to change one of you Westerners is very difficult!" (*Laughter*)

### **Sri C. Sreenivas**

Long ago, in one of His several letters to me, Swami wrote, "What is a discovery? Discovery is not finding something new; it is finding the primordial source of one's being." When you feel that Presence here, it is a Presence that transcends all explanation. It is a glimpse into that state of eternal being. Suddenly, the human body becomes a visitation of the Divine and

we transform ourselves into entities of the Divine. We are no longer biological bodies made of flesh and blood, walking or sitting on a chair, but divine entities breathing 'Love all, Serve All' through every breath that we take. This is a supreme, divine experience.

While He says this, He also leaves us with the address of the world we live in. He teaches us that life is infinite possibilities; the only limit to life is the limit you choose to put. Look at the swing of Swami's statement. He begins with the finding of the Primordial Source of your being and takes you to that dynamism of life's infinite possibilities; and tells us from within our hearts that you are the only block to those infinite possibilities. You are the only limit to the limitless possibilities that God can breathe through you. What a magical formula of human life Swami gives us! On one side, He holds us timeless; on the very next breath, He wants us to be timely. On one side, He says: "Nothing in the world can shake you, nothing in the world can touch you, nothing in this world can influence you, because you are connected to that Primordial Source," but, on the other side He says, "Every movement in this universe affects you. Your heart should move through every influence in this world." This is the great message He leaves with us.

## **Sri B. N. Narasimha Murthy**

If you can sum up the whole mission of Swami, in a phrase, it is: world transformation through individual transformation. Swami many times said, "I'm interested in quality," no doubt, but it is not just quality, it is a matter of both quality and quantity. World transformation through individual transformation. He has said, "I want a spiritual revolution in every country, not only in India." Therefore, He has taken upon Himself the most difficult job. Quoting Brother Isaac, Swami once said, "It is very difficult to transform Westerners," but, on the basis of my experience, I can say it is impossible to transform Easterners! I have lived with Him for more than 50 years, but how much have I transformed? However, the great hope, the great fulfilment is that you and I can help.

The greatest of the saints could not redeem themselves. Everyone was redeemed by God. Nobody who discovered God in his heart or her heart could ever say, "I have found Him." It is God who manifested in that heart. This is the wisdom of the lesson of surrender that I have learned after speaking third so many times after these two of my friends. Surrender to Swami and allow Him to do what He wants to do with us. Let us not even ask the question, "Swami, what can I do for You?" Because there is nothing we can do for Him, and He doesn't expect anything from us, except to break the shackles that we have put around Him in our own hearts with our frailties, weaknesses and wrongdoings. Even we are not capable of breaking those shackles. Let us pray to Him, "Swami, only You can break the shackles. May You manifest in me. You indeed do what You want to do with me."

# BHAGAWAN'S DIVINE DISCOURSE



*It is from love that the whole universe has manifested and, ultimately,  
it is into love that the whole universe will merge.*

*There is no place where there is no love.  
This is the truth, the essence of all the scriptures. (Telugu poem)*

## Embodiments of Love!

What draws man to God? And what draws God to man? It is the same thing that draws a child to its mother and the mother to its child – this is the bond of love. Love knows no pain, no tiredness, no effort, because love is always positive and always grows. The more there is love, the more it grows. My coming into this world was an act of love; My living in this world was an act of love; My leaving this world was also an act of love – and, continuing further is also an act of love. I have no other motivation than love. I have never suffered any pain. Pain can never touch Me. When a mother gives birth to a child, to an onlooker it may be a painful thing – but, for the mother, it is not pain, it is gain. It is out of love that she gained motherhood, and it is not pain for her. Then she was a woman, now she is a mother. God does everything out of love and nothing else.

What has to happen will happen in the course of time. All bodies come, all bodies grow, all bodies become old, all bodies go. Did not Gautama Buddha notice this and ponder over it until he discovered the truth? He was kept away from all the miseries of the world, but when he found on one of his travels a poor man begging for alms, another man suffering with

sickness, yet another man, old and emaciated, dead and being carried away on the shoulders of others, he was led to inquire, 'I have never seen this before.' He was told by his servant that this was the natural course that all bodies had to go through. My body was no exception. It had to go through what it had to go through. It is not important to brood over the past. Do not think, 'Swami went away, Swami suffered.' This is unnecessary. The past is past; the present is omnipresent.

What is important is that Swami is here. I am now here with you and I continue to be with you. Live in that joy of being in My presence. For Me, there is only love; there is no pain, there are no difficulties. The mother wakes up early in the morning, prepares food for her children and takes all pains to look after them – but it is all out of love. I am here again with all of you because I have not loved enough – I still want to love; I want to love more. I do not know anything other than loving, and I cannot know anything else other than love. So, it is not the prayers of people, it is not invitations, it is not recommendations, but it is My love for you that has drawn Me to you. I love you all so much that even if you had not invited Me, I would have come – to love you. Did I invite you to come and love Me? You came because you love Me. So, I have come because I love you. We need no exchange of words or invitations. Our joy is to be with each other; our joy is to love each other. Therefore, do not give in to any other thinking. Know that Swami loves you, is always with you and cannot leave you. Those who love you will never leave you. Similarly, you cannot leave those whom you love, because love cannot die, love cannot divide, love cannot disintegrate. It is always love.

*Poornamadah poornamidam poornaat poornamudachyate* – that is complete; this is also complete. If you take something out from the totality, it will still be complete – and, if you add something to that which is complete, it will still be complete. This is from the scriptures. What it means is, when you love, you are full, you are complete. There is nothing to add and nothing to remove. Nobody can take away your love from you, nobody can add love to you. You are love. Therefore, you are always complete, you are always full, you are always satisfied. Never, ever think that you are not being loved; you are always being loved. I am always there, because I love you always. What more can I say on this occasion, other than I love all of you so much – then, can I ever leave you? I love everyone, not just you – everyone, everywhere. Truly speaking, I am not loving someone else; I love Myself because I see Myself in you. Thus, I am always happy. I am always busy loving My own Self in all of you.

When we were in Singapore, we visited a devotee whose home was on the 18th floor. We were travelling in a lift that had mirrors on all four sides. I thought, 'This is not a dressing room. Why are there mirrors?' Then they told Me, "If you look at yourself in the mirror, you will be busy, so you will not know how much time it took to go up", because everybody loves to look at themselves. Whatever your appearance, when you look at yourself, you are always happy. That is what I see – I see all of you as mirrors reflecting Me. So, I am never tired of looking at Myself. I can never stop loving Myself. This is the secret of how I love – because I am not loving someone else, I am loving Myself. If you learn this secret, you will also love everyone, because you will be truly loving your own self in all of them. Then you can realise the mantra, "Love all, serve all." You are not serving or loving someone else, you are loving and serving your own self. Until you realise this, you cannot follow this. Only when you realise that it is you who exists

everywhere, will you be able to love and serve everyone. There is only one, there are not two. I am going on talking and repeating Myself in order to make you realise this truth. One day, because of constant thinking, you will become That. As you think, so you become. Dust you think, dust you are. God you think, God you are. Whatever you think, you are that. That is why I say, "Think God, think love."

(Referring to the host, Mrs. Haydee Frin) This lady is thinking that I have come here because she invited Me. Let Me tell you the secret about why I came here: Her husband invited me. Where is her husband? With Me. This morning, after breakfast, he came in a blue suit, wearing a red-blue tie, with his hair combed back. He was very happy. He said, "Swami, I heard You were coming to our house today."

I said, "You invited Me, so I am coming today."

Then he said, "Swami, please do this much for me. My wife will be very happy to know that I am also here. Otherwise, she will feel bad that, 'My husband was not here, what misfortune!'" All are here – with Me. I visit for many reasons, not just because somebody invites Me."

(To the host, Mrs. Haydee Frin) Are you happy?

**Haydee Frin:** Very happy, very happy!

**Swami:** I came to tell you that your husband is happy with Me. He is happier with Me than you are! What are you going to give everyone?

**Haydee Frin:** Prasadam of pizzas, cheese croissants, pudding and fruits.

**Swami:** Fruits. Very happy. Pudding, very good pudding. She is an expert in that! All of you enjoy a little bit of prasadam.

Because you have to go, it will take a long time. We start today and we will reach tomorrow. So, go have *prasadam* and then we will leave after that.

**Haydee Frin:** Swami, please bless the *prasadam*.



# 17TH OCTOBER, 2016

## VILLA LA ANGOSTURA, BARILOCHE



Bhagawan's entourage proceeded in the afternoon at Bariloche. As Bhagawan's entourage stepped out of the airport to a view of snow-capped mountains, they were whisked away towards Villa La Angostura, an hour and half drive from Bariloche town. The breath-taking drive to Villa La Angostura is said to be one of the most beautiful scenic routes in the world!

Mr. Gustavo Poggio and his wife Silvia received Bhagawan at their home, 'Ruca Sai', which means 'Home of Sai', located right on the shores of the lake. The view from Swami's room of the lake and mountains is spectacular, so much so that Bhagawan remarked that it was the most beautiful place He had ever stayed in!

Many devotees gathered in the evening, singing bhajans and soulful Spanish songs to mark Swami's arrival. Swami asked Dr. Gustavo to speak a few words. He said it was all like a dream, that Swami had finally come and was staying with them. "It is unreal", he exclaimed. He thanked his wife Mrs. Silvia for having worked so hard to ensure that everything was up to Swami's glory. Swami blessed them with a special gift, which they received with much gratitude.

C. Sreenivas then gave an inspiring talk, followed by Bhagawan's divine discourse.

# 17TH OCTOBER, 2016

# VILLA LA ANGOSTURA, BARILOCHE

SATSANG AT DR. POGGIO'S RESIDENCE

## Sri C. Sreenivas

At the feet of dearest Swami, who is at this moment the Embodiment of Beauty. (*Referring to the small group*) Also, at the feet of so many Swamis sitting here. There are always moments we pray and sincerely wish time comes to a still. When you are abounded with so much beauty, in its most pristine and sublime form, beauty that is without us, leading you to the beauty which we discover or attempt to discover within us, it is at that magic meeting point that we all wish, we all pray that time stands still. But, like the Lord made it, the wheels of time do not ever stop.

The greatest signature of God is beauty. When we see beauty, which was made even more in this beautiful home by the hosts, dear Silvia and Gustavo we, through our seeing, believe. When we see such beauty, we begin to believe. It is so natural that words outpour into beautiful expressions, and expressions into more beautiful songs, and songs even more beautiful as tears, as the only true evidence of the meeting of the beauty outside and that beauty we discover inside.

When you see you believe, but this time we wish stands still, not when we see and then believe, but when we believe and then we see. Swami, for a reason, chose the most apt name for His life, which was put into words first by Kasturi, and our dearest brother, Narasimha Murthy, and the words were: 'Sathyam, Shivam, Sundaram', which loosely translates into 'Truth, Goodness and Beauty'. Beauty, I said, is what is abounding us without and, for a moment, if you just close your eyes, you will both experience and feel that beauty, when time chooses to stand still, within yourself.



# BHAGAWAN'S DIVINE DISCOURSE



Just as a water bubble is born in water, floats on water and, finally, bursts and merges back in water, similarly, man is like the water bubble and the water is God. It is from God that man is born, it is in God that man lives and it is into God that man merges. The existence of man is truly the existence of God Himself. Therefore, the very fact that man exists also means that God exists.

Outside, there is a lake. As you keep watching the lake, many waves arise and dissipate. They keep coming and going, incessantly. We cannot call this the birth of one wave and the death of another because you do not see the waves as different from the water. It is only in the moving of the waves up and down that the lake comes alive. The movement of the waves is the proof of the presence of water in the lake. The waves may have momentary existence, but the water is there permanently. All the waves, though they may exist at different times, are all water and nothing else.

This whole universe is like an ocean and God is the water that constitutes this ocean. Each being is like a wave which is born and will disappear. This goes on continuously. Only for that moment when the wave appears and disappears do we call it Jeeva Prajna, or separation of the individual identity from the divine identity. Even in the temporary, individual existence of that wave, the permanent existence of water is definitely there. It is not different; it is made of the same water in which it exists.

You are all divine, for you are born from the Divine. You have been surrounded by divinity and divinity is your final destination. Nothing exists other than God, and everything else that seems to be existing only exists because of God. This is the very truth of the universe. The one who has this vision will see truth behind the multiplicity. He will not see the ocean as multiple waves, but he will see it as one body of water.

When I look at you, I look at all of you as divine beings. So, when you come and despair and shake your head and say, "No, I cannot be, I cannot be. I have so many shortcomings, I cannot be divine, I cannot be divine," I do not agree. You are only seeing one wave in that time, in that space – but, I see the ocean, the water inside. You are all like floating waves, whilst I am the water – and I know the truth. There is no truth other than God. He alone takes all the forms. He alone takes all the names. He alone becomes everything.

With the same wood, one can make a chair, a table, a bed or a cupboard. The wood is the same, only the forms are different. Likewise, all of you are one, for you are made of the same thing. You may be Argentinian, you may be Indian, you may be American, you may be from other countries – all these differences are external. The inner Self is the same. All are made of the same five elements; there is no sixth element in anybody. Nobody is made of four elements. It is the same five elements: ether, air, water, fire and earth.

You all feel happy in Swami's presence. Even though you live far away, you are always happy to go and see Swami. Have you ever thought why you feel so happy with Swami? Because you are not different from Swami. When you see Swami, you really see yourself. Who is not happy seeing their own self? You look at the mirror, you see the reflection, you look at your face and you are happy. However, if you take ... (a baby starts crying) If somebody else's reflection shows in the mirror ... (The baby keeps crying) He doesn't like My discourse. (Laughter). At least he is honest. Others pretend to be honest. Children are always truthful. If they like it, they like it. If they do not like it, they do not like it. They are not bound by social customs and diplomacy. They are what they are. God is also like a child. You cannot pretend in front of God and try to make Him see something other than what truly exists. Of course, if you come and enact a drama before God, He will perform a better drama than you. (Laughter) You are only the actors; He is the director of the drama.

I was saying, when you see your reflection, you feel very happy. When you see somebody else's reflection, you do not consider it as yours, and you are not pleased by it. The truth is, when you see Swami, you see your own reflection in Swami. All that you ever were, are and will be, is Swami – and that perfection of your existence is personified by Swami. When you see Swami, you see that perfection in yourself.

When you come to Swami, what happens to you? All your ego goes away. All negativity goes away. All sorrow goes away. All your worries disappear. The mind becomes still and you forget your very existence. That is the moment of perfection that you experience when you are with Swami. The moment you reach that state of perfection in your divinity, you are full of bliss. What makes you happy in Swami's presence is what you become. Swami helps you become who you truly are. He allows you to discard all your pretensions – all the imaginary personality that you think you are. He allows you to be who you truly are. Since you are made of Swami, and Swami is made of you, we are the same, and you feel happy because you truly see your own Self in Me, just as I see My own Self in you.

For instance, you may have a very good friend. He may be here, in this country. Let us say you went to India and saw someone else, who looked very similar. Even though he was not your friend, even though you had never met him before, even though you knew nothing

about him, just because his face looked like your friend's face, you would develop a liking for that person because you saw your friend in him or her. You tend to like something that you see around because there is something of you in that. You are made of God so, in the presence of God, you feel happy.

You are made of all the five elements. Whenever you are close to these five elements, you feel happy. When you see the earth and the mountains, you feel happy. When you see water in the lake, you feel happy. When the cool breeze blows, you feel happy. When the sun rises or sets, you feel happy. You feel very happy being with Nature because you are made of Nature. What is Nature made of? It is made of God. Because it is ultimately made of God, you feel happy when you are God. When you try to be anything other than what you are, you experience sorrow. When you become what you truly are, you will always be happy. I say that happiness is union with God. It does not mean that, if you come to Puttaparthi, then there is union with God; or, if you go to Muddenahalli, then there is union with God. What I mean is, when you are truly united with your own divinity, that is union with God. When you become what you truly are – when you become God – you will truly be happy.

Enjoy Nature, for it is a reflection of God. From God came Nature and, from Nature, came man. When you meditate on Nature, you meditate on God, and you meditate on your true existence. Feel oneness with the whole Creation. It is such a liberating experience! The freedom that you gain and experience is unmatched. Suddenly, the one you were thinking you are, a small tiny entity in the universe, is shattered. The very next moment, you expand and expand and become the whole universe. So much so, that you feel your own presence in the smallest atom, as much you feel it in the largest galaxy.

Everything is made of you; it is all an extension of you. In every bit of this universe, you exist. Therefore, you love this universe. When you understand this truth, when there is no two, only the One exists. Then you will be free of all sorrow. Death, birth, living – everything will lose its meaning, because you know that you are not bound by time, space or circumstances. You have always been free, you are free and you can only remain free. There is no way you can be bound.

You are the ocean, you are not the wave. You are the water, you are not the bubble. When you realise this, you will become everything. You will see yourself in each and every one, and

that experience is Sathyam – truth; that experience is Shivam – auspiciousness; that experience is Sundaram – beauty. That is the goal of life. For this, you do not have to go from somewhere to somewhere else. Wherever you are, meditate on this truth. When you see the rising sun, meditate on this truth; when you see the sun setting, meditate on this truth. When you see the snow-capped mountain, meditate on this truth. When you see this vast expanse of water, or when you walk by a large field of paddy, meditate on this truth. Even when you walk amidst the crowds, still meditate on this truth. All this is you, which has become many. Your existence is not different from theirs. This is how I see and I feel. This is how I experience the world. I see everything as My own Self. Thus, I am able to love so spontaneously, for I am loving Myself in so many different forms. Know this truth then you will be at peace.

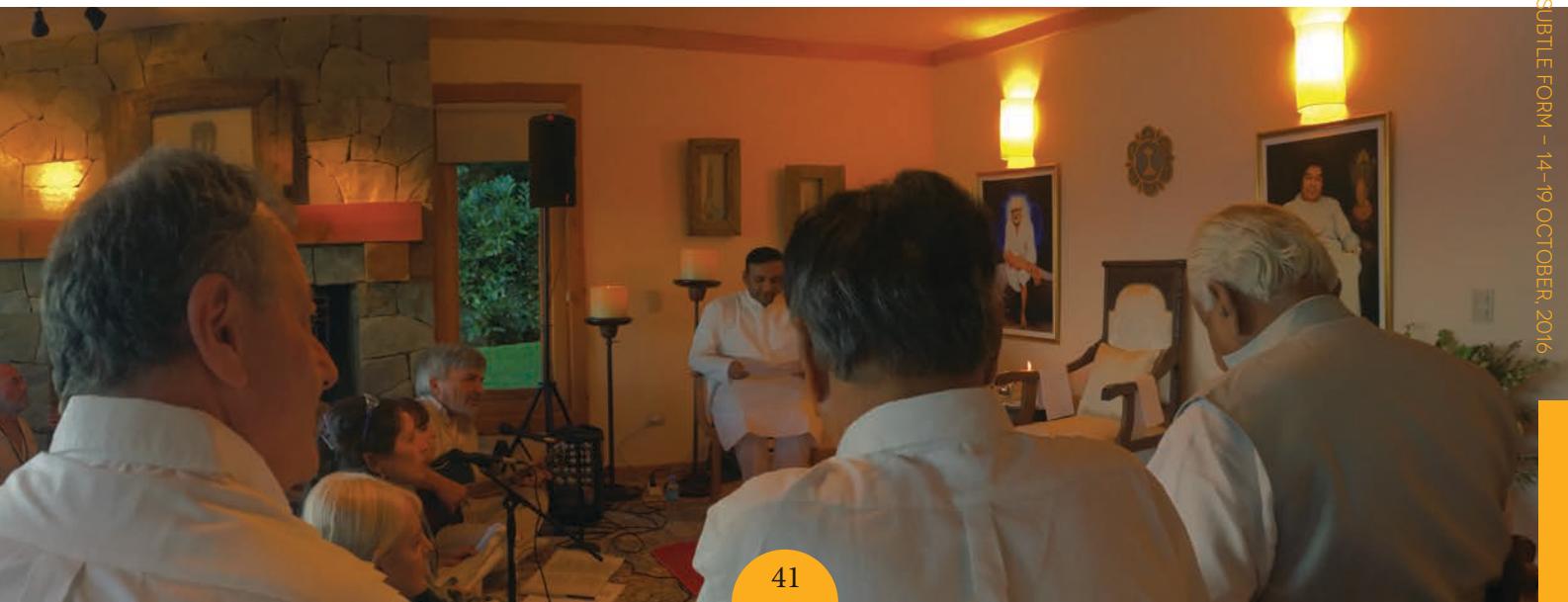
Do you understand? Otherwise, you are free to cry and go out. (*Laughter*) The truth is, if you go out without understanding, you will always be crying. Do not think that what I am saying is impossible to experience. If it were impossible, why would I say it at all? It is very, very simple. It is simple to be what you are. If you are a woman, you live like a woman – that is very easy. Suddenly, if I tell you to dress and behave like a man, it will be difficult. The same way, you are God. Behave like God – it is very easy! Try to behave like a man, and it becomes difficult. That is why you are always in sorrow, because you are trying to be human. Try to be God, because you are truly God. The moment you try to be what you are – in fact, there is no trying – be what you are, you will be happy. I am not here to teach you what you are and what you are not. I am only telling you: Be what you truly are. It is easy, it is simple, it is blissful. Spirituality is very simple. Just do not pretend to be somebody else. Be what you truly are. Do not try to be a man, or a woman or a human. You are God, just be God. Holding is difficult, dropping is easy. You are holding on to this false identity, so there is difficulty. Drop it. It is very easy!

(To the host, Mr. Gustavo Poggio) Is there dinner for everyone?

**Gustavo Poggio:** Yes.

**Swami:** Everybody can go and have dinner but, before you try to digest his dinner, try to digest My dinner – what I just said. If his dinner does not get digested, one day you will have a problem – but, if My dinner does not get digested, it will be a life-long problem.

Arathi.



# 18TH OCTOBER, 2016

## BARILOCHE, ARGENTINA

At around 3:30pm, the Lord proceeded to Bariloche, which is an hour and a half ride from "Ruca Sai". On the way to the Public Satsang venue, He stopped at the Pérez Lean family home to bless them with His Presence. He was received with beautiful bhajans by family members and devotees.

Swami then proceeded to the residence of Mrs. Mercedes and Mr. Tom Wesley, who own a horse- riding complex in Bariloche. Next to the satsang hall, there is a small Sai temple, which Swami blessed as soon as He got down from His car. Thereafter, Swami proceeded to the satsang venue, a wooden barn which is part of the horse riding complex. About 250 eager devotees had gathered to experience Bhagawan's compassion.

Dr. Gustavo welcomed Bhagawan and His entourage. He spoke about how on two earlier occasions, in 1992 and 1999, arrangements were made to receive Swami in Argentina. Swami had promised He would come. Not a coincidence, but Sai-incidence, that most of the devotees from the organising group who had invited Swami were present right there that evening!



# 18TH OCTOBER, 2016

## BARILOCHE, ARGENTINA

### PUBLIC MEETING AT WESLEY FAMILY HORSE RIDING COMPLEX



#### Mr. Isaac Tigrett

I will tell you a 'horse story'. When my daughter was born, Swami told me, "I brought you a great soul, an Amazon warrior!" By the age of four, she jumped on her first pony and rode for the next three years. She and horses became one. Soon, my daughter became so good that she was about to join the American Olympic Team. However, one day, while jumping a hurdle on her horse, she broke three vertebrae in her back. The doctors said she would be crippled for the rest of her life. Fortunately, Swami told me, "Don't worry, she will get better," and she did.

Many years later, in 2009, she went to an equestrian place in Bangalore and saw this giant black stallion. It was love at first sight, and she said, "Dad, I want to ride this horse," insisting that I ask Sai Baba if she could have the horse. Swami approved.

She brought the horse to Puttaparthi and would spend hours every day, riding and jumping. One day, the horse suddenly ran into the barn and collapsed. Despite being checked by leading vets, it died with its head on her lap, and she cried for hours, rubbing *vibhuthi* on its head. A few days later, a South American clairvoyant contacted me and said, "Sai Baba told me that your daughter was a great warrior in ancient times. Her best friend was her horse, which she rode into battle. In one battle, the horse was killed, but she had to keep fighting. So Swami brought her friend back, in this horse, to let her mourn the horse that she had never had the time to mourn centuries ago."

Thus, every action that you are creating now is indeed your very future. You must be careful to ensure a good future.

## Sri C. Sreenivas

In this beautiful place, if I were to just come here as an outsider, what would I be seeing here? A set of beautiful people whose language is different, whose means of communication is nowhere close to what is being conveyed (in English), yet sitting in such rapt attention and devotion, in front of a beautiful chair which, for all practical purposes to the eye, is empty and, in the foreseeable future, will remain empty. This would be the view of a simple outsider into this beautiful Presence. What would naturally be evident would be an inexplicable love that you have that draws you here to sit with such affection for each other, with an inscrutable faith that there is something in that chair. So, two values are so evident to a simple outsider: 1) that you are filled with so much of love and 2) you have inexplicable faith in a Presence that is so definitive to you, that it holds you in the highest of attention of body, mind and soul.

Many years ago, Swami wrote in a letter, so powerful, "The Self loses itself and can only find itself in other selves." He kept using the word 'Self'. That is the reality that one sees and feels and perceives in this room. All of you, despite not understanding the language I am speaking, are sitting with such devotion that, what you have fundamentally done is – which is really the Himalaya of all spiritualism – to first forget yourself. Spirituality begins and ends, life's journey and life sojourn begin and end, when you forget yourself, and when you can regain yourself only in another self. That is the journey of life. That is what this invisible, inexplicable Presence is teaching us.

## Sri B. N. Narasimha Murthy

This afternoon when I was driving down with Baba from Angostura to this place, Baba said: "Beautiful country, and very good people." This is what Baba said about you and your country. He told Dr. Gustavo, who was driving His car, "This country has gone through many difficult times. Now, the good times have come and the country will see a very bright and great future." In the last five days of our being here in Argentina, I have seen great similarities between India and Argentina. In terms of material wealth, in terms of material poverty, in terms of spiritual glory, there are great similarities between India and Argentina.

Baba has come here to make good people into divine people, to make beautiful people into glorious people. What is it that makes a good man or a good woman, divine? It is just selfless love and selfless service. Love for God and compassion for fellow beings is what makes gods of men and women.

Before coming here, we visited the house of a devotee and he gave us the most beautiful poetry ever composed on the Subtle Form of Bhagawan. I will read a few lines: "Although my eyes cannot see Your face, it is Your feeling and my feeling. Although my eyes cannot see Your face, I can feel You, Lord. I know You are here. Although my hands cannot touch Your Feet, Your Lotus Feet, I know You are here. My heart can feel Your presence. I know You are here. I can feel Your majesty. I know You are here. My heart can see Your beauty. I know You are here. I can feel Your great love. I know You are here. I know You are here." This is the perfect love between God and His devotees.

# BHAGAWAN'S DIVINE DISCOURSE

What we think does not exist, actually does exist.  
What we think exists, really does not exist,  
because God is all that really exists  
and the world around is really an illusion. (*Telugu poem*)

Dear Embodiments of Divine Love!

For every shadow, there has to be an object – and every object casts a shadow. Without the object, there cannot be a shadow, but one cannot gain the object by trying to catch hold of its shadow. Shadows change with time; your shadow is long when you walk in the morning; by noon, it falls under your feet and, by evening, it stretches to become long again, but in the opposite direction. The shadow, which emanates from you, keeps changing with time, but you do not change. You did not become long in the morning, short at noon and long in the evening – you remained as you were, but the shadow kept on changing. Such is the relationship between the world and God; the world is the shadow of God. The world is unreal, God is real. The world keeps changing with time, but God remains constant. You cannot attain God if you chase after the shadow world.

There is a tree laden with fruits; if you want to eat the fruits, you cannot catch the shadow fruits, for they are only shadows, not real. No matter how much you try, you will not be able to get one fruit to eat from the shadow – but, the moment you climb up the real tree and you pluck the real fruit from the real tree, you will also climb the shadow tree and grab the shadow fruit. If you pursue that which is real, the unreal will come with it. By chasing shadows, you cannot attain the object but, by obtaining the object, you get the shadow, too.

Dear ones, the world is merely a shadow of God. If you attain God, you will get the world, too, but if you just keep chasing the world, you will never get God.

Man is thought of as being thirsty for happiness. From when you wake up in the morning until the night when you go to sleep, every single one of your acts is oriented towards gaining more happiness. Whatever you think, say, or do, you do only for the purpose of being happy. Nobody in the world wants to be unhappy, so mankind is constantly searching for happiness. Unfortunately, mankind thinks that the happiness he seeks lies in the world and keeps looking for the shadow-fruit of happiness in the world – which is, itself, only shadow. However hard man tries, he is unable to achieve permanent happiness in the impermanent world, because no true happiness lies in the world – there is no real fruit in the shadow of the tree. However, when you seek God, you will attain true happiness. Then you can be permanently happy, for happiness is union with God. Only those who have understood this truth are freed of all sorrows and can live in endless happiness – but, those who still believe that happiness lies in the world and in worldly things, are poor souls, chasing shadows and attaining nothing. Therefore, let there be only one prayer: 'I want God' because, if you get God, you get the world, too.

Once, a prince organised a party on his birthday and invited the people of the country. He told them they could take from his treasure, anything that they could hold in their hands. People went mad, running around and filling their hands with as much as possible – but, there was one girl standing quietly in a corner, not taking anything. The prince asked her, “What is it? Don’t you like anything amongst all that is on display? Don’t you want to take anything of value from here as my birthday gift? Go ahead and choose as much as you can hold in both hands.”

She said, “Highness, yes, there are many valuables all around and, yes, it is true that people are picking up as much as they can hold in both hands. However, I am not looking for the wealth on display outside; I am looking for another kind of wealth to fit my hands.”

“What is it?” he asked.

“I want your hands in my hands; that is the only thing I want in my hands. If I have you as my husband, I will have your kingdom, too. I am not a fool to fill my palms with a little gold and return home, happy. I would rather fill my hands with your hands, so that you can become mine and I can become yours. If I have you, I have the kingdom, too.”

There is only so much that you can get in this world. You fill your empty hands with wealth, with family, with relations, with name, fame and all kinds of things, but you have no place for God to place His hands in your hands. Once you drop all the unreal things, keeping your hands empty, seek the two hands of God in your two hands and become His and make Him yours, then there is no more searching – for you have everything that you can ever need. That is the path of the devotee, not the path of the one who seeks the world. Therefore, know for sure that, once you have God, you have everything and will always be happy. That which is permanent can only be found in permanent things. The temporary can only produce what is temporary. God is permanent, so whatever you get from God is also permanent. Be the same and tell others, too. Make your lives an example of devotion; be content that you have God, for that is all you ever need – the rest is all passing clouds.

Where is God? Where are you going to go to ask Him anything? Where are you going to go to meet Him and seek His hands? Are they to be found in the temple? Can you meet Him there? Is He in the church? Can you go and ask Him there? Is He there in the mosque? Or other places of worship? No, no, no! God is right there, within you, and it is only when you seek God within that you can find Him. You have to search for something where it lies, not elsewhere. When you go and search for God outside, you may get a statue, you may get a sermon, you may get an object – but, you will not get God. When you look for Him within, in the sanctum sanctorum of your own heart and cry out to Him, “I want nothing other than You! I empty myself so that You can hold me,” then He will come like the King of kings and stretch out His hands to hold yours, take you into His kingdom and make you His own. That is the Kingdom of Heaven – it is within you; outside is only hell. The happiness is within. There are pleasures outside, but they are all temporary. Permanent peace, love and happiness are within.

I am very happy to have come here, for I am thirsting to see you, as much as you seek to meet Me. Can there be a mother without a child? Can there be a child without a mother? Similarly, can there be a God without devotees? Can there be a devotee without God? Both are equal, like mother and child; God and devotees – but, I have not come here just to meet

you, I have come here to tell you a truth: Long have you searched for Me outside, but now it is time to search within.

As you search for Me within, you will realise that you are not different from Me and you will become Me. By constantly being with Me, you will become Me. People talk about Sai Baba, saying, "Sai Baba is this, Sai Baba is that; Sai Baba was like this, Sai Baba was like that." That is all the result of their limited understanding. It is like the four blind men trying to describe an elephant; one touched the legs and said, "An elephant is like a pillar." Another touched the stomach and said, "No, an elephant is a wall!" Somebody else held the tail and thought that an elephant is like a rope. They went on arguing and fighting in that manner through their own limited understanding of the elephant. The truth is, they were all blind and none of them had really seen an elephant. They were only speaking of what they had experienced in their own, limited, way.

Why depend on somebody else's experience? How do you know they know the truth completely? Can others eat for you? Can others sleep for you? Can someone else breathe for you? You have to do it for yourself. Know God for yourself, not from what others say. Where is God? Where is God not? All that, you should find out for yourself. Others can serve the purpose of a signpost which says, "Go this way, you may find God," but they cannot take you there; you have to undertake your own journey. Therefore, discover the truth of God, find your own truth, by your own efforts. There are many ways of doing it: one person meditates, another reads, another learns from others and then tries to understand God, someone else tries to serve and yet another tries to do other sadhanas and understand God – but, I will tell you the simplest path: pure love. If you love God so much that God cannot withstand you, if you love God so intensely that God cannot live without you, God has no choice but to come wherever you are. Is that not why I have come all the way here? I have felt the pull of your hearts, which has prevented Me from staying away, drawing Me immediately to your presence.

For a long time, you have been praying, planning and working to receive Me – but, God does things in God's own best ways. Find Me within and be happy forever.

Is there anything that you want to ask?

**Question 1:** Swami, You tell us all the time that divinity is within us and, from experience, sometimes it appears rather difficult but, afterwards, it becomes clear that all of us are one. However, thoughts and emotions, for me, personally, are often barriers which do not allow me to reach that inner divinity. My two questions are: 1) How do I break through all the nebula of thoughts and emotions and 2) How can I take advantage of Your new form, since the previous form transformed me very deeply?

**Swami:** God is always present within you, but chooses to manifest Himself without, that is, externally, for a certain purpose. The real form of God is formless – just as sweetness has no form but, to experience sweetness, a candy or a sweet dish is needed to taste and experience what sweetness is. The formless God takes form to help you experience that and, with that beguiling form, attracts your attention to Himself. Children play with many toys but, if they get a better toy, they leave the old one for the new. You are all like children, busy playing with

the toys of the world; playing with families, relationships, name and fame. There are all kinds of toys for you in the world so, to attract your attention, God came like an irresistible toy, so that you would be attracted by it and leave the other time-wasting toys and run after the new toy. You want to experience it now and leave the rest, because it is something new, something wonderful, something more beautiful.

He develops that attraction and love toward Himself so that you are distracted from the other things and are attracted to God. The purpose of the formless Divine to take the form I did and walk amongst you, bless you and talk to you, was to attract you towards Myself, so that you would give up all the other fruitless pursuits. Now, I have taken away that toy, too, because I think you are growing up and do not need toys any more. You must find happiness far deeper than external toys. It is alright to give a toy to a crying baby to silence it. For a grownup to still play with toys is not appropriate; he or she must learn things of deeper meaning and knowledge; the deeper knowledge of why God exists and deeper understanding of who you truly are and, thus, becoming free, so that your happiness depends no more on external objects of various forms, shapes, colours or sizes.

Now you go within and find happiness within – but, in order to help you in the transition from the form to the formless Absolute, which is within you, this is a period of transition. You cannot jump straight to university from primary school; you have to go gradually through junior and senior schools, then to university. So, your primary school pursuits should be given up now.

"Swami is looking at me. Swami is talking to me. Swami is doing this. Swami is doing that to me," – all that should go. That is all a primary school child's play.

Yes, it was important at that time, but now you must think, "What can I do for Swami? How can I make Swami happy? How can I please my Swami?" In this way, if you constantly keep thinking of Me now, one day you will become Me. Yes! Constantly thinking of Me, you will become Me.



This is a very important period, for it will help you to go to the next level. Jesus Christ said at first, "I am the messenger of God," then, "I am the son of God," and eventually, "I and the Father are One." From thinking of himself as the messenger, he did not say directly, "I and my Father are One," instead he progressed through, "I am the son of God." You, too, at first, were a devotee of Sai; now you are son of Sai – and then you and Sai will become One. So, use this opportunity now, not to look to 'Swami Without' but 'Swami Within'. There is no need for going here and there as you did earlier. Be where you are, in the belief that your Swami is right there within you – and, as you maintain that feeling from now on, you and I will become One. This is the middle path, which will take you to your destiny. That is its whole purpose.

**Question 2:** My beloved dear Lord, although we are very few devotees who believe in Your Light Body, You taught me not to be afraid. That is why I dare to ask if You would like to come to Salta, north of Argentina, because I am sure all my brothers, from the south, from the west and from the east, would help us to receive You.

**Swami:** I will definitely come another time. (*Applause*) If somebody calls Me with love, I cannot but do what they are asking Me to; I am the slave of My devotees – but only if it is pure love. Pure love can bind God to you, otherwise, how can you explain that Krishna, the Lord of the Universe, would chase the gopikas (cowherd girls) for a little butter and dance and do everything that they wanted Him to do? They would withhold the butter in their hands from Him and tell Him, "Now dance for us. Once You dance, we will give You the butter." He would do all kinds of things to please them, so that He would get the butter. The significance is that it was not the butter in the hand, but the butter of love in the hearts of the gopikas which attracted Krishna. He was the son of the headman of the village, Nanda, who had plenty of butter in his own home. However, He would not eat that, He would go and eat the gopikas' butter. That is what I am doing. I am always hungry for that love and I know that love alone is what you can use to bind Me – nothing else will work. Wherever there is love, I will be there.

**Question 3:** Swami, I have a request and a question for You. The request is that You help us so that violence diminishes in our country and that You bless us. The question is, will You permit us to spread Human Values widely?

**Swami:** Yes! You do not need My permission for good things. Good things can be done anyway – and nobody asks for My permission to do bad things! Then, why ask for good things? (*Laughter and applause*) Go ahead; it is needed. Human Values in the education system are very important. If you bring up your children well, with Human Values, then tomorrow your society will be safe. Therefore, sow the seeds of devotion, of faith, of goodness, today, so that you have a crop of peace and happiness, tomorrow. Changing people who have already grown up is difficult; they have to learn from their own mistakes – but, making children good is easy if you teach them the right things from the beginning.

The past is past; forget the past. Be concerned with today and what you can do for tomorrow. Teach Human Values to the children and the young adults by practising them yourself – that is the way.

Yes, take up this task, all of you. I am not saying you should start by opening schools; even if you get together with ten people you come across, you may teach them these good things. Those ten will teach ten others, those ten will teach a further ten and this is the way the light will spread. That is what I expect from you.

**Question 4:** Swami, You know in Your heart the questions we all have and I know You listen to us every day. I beg You to listen to the heart of Argentina, in each one of us, and give us Your blessing so that we can answer for ourselves each and every one of our questions and become Your best sons and daughters. Will you bless us so that, from now onwards, we can carry this country and the world forward, as we were told today, shining and being Your best examples in this life?

**Swami:** If you look into the history of the world, all great revolutions have begun with only one person. The world always awaits that one person who can change it – and you can be that person. (Indicating various people) So can you and you and you and everyone. Be selfless! That is all that is needed. Think of others before yourselves – that is the way to change.

What is the difference between you and Me? I put others before Myself. It is the joy, and the good of others that I think of, all the time. If each of you starts to think of others first, before yourself, the whole country will change. The termite of 'I' and 'mine' has eaten into the roots of the country. Use the medicine of 'we' and 'ours', so that the tree of divinity will grow and flourish. That is the way I think and now you, too, should think like Me.

Slowly, slowly it will change. Any long journey begins with one step. Step by step, you can achieve the goal. You have greater responsibility because you are My people, for many others are living in ignorance; they have not had the opportunity to learn good things. You are the fortunate and blessed ones, who know what is right and what is not. Will it not be a great misfortune if, knowing all this, you do not follow it? It is understandable for a blind person to bump into a tree, because he cannot see – but, if you have a collision when you have perfect vision, then it is your fault.

Become selfless! Do not be afraid of anything. Fear of your own life makes you selfish. 'I', 'I', 'I', 'mine', 'mine', 'mine' – that is the nature of your fear. 'What will happen to me? What will happen to my future? What about me?' Do not be like that. If you help others, God will help you. Believe in that and, if you do a little for others, God will do so much more for you. That is the difference between hell and heaven. In hell, everybody is thinking 'I', 'mine'; 'I', 'mine'. In heaven, 'ours', 'ours', 'ours'. Do not be afraid to share, do not be afraid to serve, do not be afraid to make sacrifices for others. Do not think of yourself; think of others and God will think of you. You will see that life will become a great adventure, for every moment you will feel God's presence, you will see God's hands in everything that happens – but, you have to take the first step, then I will take a hundred steps. You have to take the first step.

One more question.

**Question 5:** Swami, thank you for coming to our country and to Bariloche. You have been travelling to other countries and, in some of them, You have ordered the construction of

ashrams. Can You please explain to us how the divine plan will manifest in the ashrams, how they will function and what are they created for?

**Swami:** People in Bariloche are very good. They do not need an ashram here. Where there are patients and sick people, a hospital has to be built. Where there are people who are in need of education, a school has to be built.

I have a plan and I am working on it. When it is ready, I will let you know. I have already sown the seeds for it and it is growing, growing, growing inside the earth. Soon you will know. An ashram is not a place; 'a-shrama' means 'no effort', 'no pain', 'no difficulties'.

How is that possible? When you have love, then there is no feeling of effort. A mother works hard all day to feed her children and look after them, but she does it out of love and she does not feel any effort in doing it. The state of not feeling the pain, tiredness or effort is possible only when you do things with love. So, ashram is a place where there is love. Wherever there is love, it will be ashram; love within you and within your family will make your home an ashram. Love shared with your friends, neighbours and people around will make the place an ashram – and love between all the people of the country will make the whole of Argentina My ashram. Make the whole country My ashram, not one or two ashrams, in the way you think of them. Become so loving that you have no effort in living in that loving way.

I have come here and taught many good things; put them into practice. When you go back to your home, your people and your neighbours should say, "What has happened to you in the last five days? How is it that you look so different? You are so much nicer than before. You don't get angry anymore, you don't shout at me anymore, you are accommodating with everything, speaking kind words, always ready to help and serve. What has happened?" That will be the true gift for Me. A teacher is very happy when his students are praised by others. Noticing a good student, people ask, 'Which school are you studying at?' Looking at the good children, people wonder who their parents are. Similarly, looking at the goodness of My devotees, people will ask who their master is because, if the followers are so good, they will wonder how great their master must be. Therefore, be good followers and earn a good name for your master. Become a moving, living, walking, talking ashram. Wherever you go, spread joy, happiness and peace. I would first like to make your heart My ashram – all your hearts!

We have a long journey. I do not have to travel, but these people do. I am everywhere! Steam becomes water and ice, but it is all the same substance. Similarly, the formless God takes form. When ice melts, it becomes water, and water becomes vapour when it evaporates. Just so, God in the form becomes formless again.

Let us close the talk today. I give My blessing to the people of Argentina, that the devotees will show the way and lead the way to others through their own example. By the time I next come to Argentina, I expect you all to be much more divine, much nicer, much more loving than you are today.

Very happy.



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